

## FEBRUARY 2024 JOSLYN CENTER NEWSLETTER



Thanks to all our members who have paid their dues for 2024, once again this year only \$50 per person per year. We're up to about 2/3 of the members, so if you've forgotten so far, recall the three easy ways to pay: Use the mail slot in the office, online through PayPal, or by mail to 950 Main St Cambria CA 93428.

### FREE OPEN HOUSE AND CLUB FAIR

Our goal this year is to restore the Joslyn Center to pre-covid levels of membership. This month will mark the first major effort of our 2024 Membership Outreach. Invite your friends, neighbors, and just about anyone! Each of our fifteen clubs will man an area of the main hall to pass out flyers, demonstrate activities, stimulate interest and SIGN UP new members.

**Joslyn Recreation Center**

**FREE OPEN HOUSE  
AND CLUB FAIR**

*Check Out Our Clubs and  
Join the Fun in Cambria*

**Live Demonstrations**

**Saturday, February 10, 2024**

**11:00 a.m. - 2:00 p.m.**



**joslynrec.org  
805-927-3364**



Please make plans to attend with one of your friends or neighbors you would like to see in your Joslyn Center activities---from Chorale to poker, investment club to table tennis, and so much more. You'll never have a better chance to show how much Joslyn has to offer! Cookies, refreshments and door prizes, too.

#### CLUB NOTES:

**POKER CLUB:** Enjoy fun and affordable poker here in Cambria. Every Thursday evening we have "Dealer's Choice" poker starting at 6:15p in the Conference Room. You will have a \$5 or \$25 table to choose from, that's the buy-in cost for the evening. The monthly tournament this month is February 10 at 6:15p in the Main Hall. The game will be Omaha 8, buy-in is \$20 with \$20 re-buys for a limited time. Mark your calendar and join us! Questions or to get a schedule contact Manya Brett 805.927.5000.

**CAMBRIA CHORALE:** We're practicing and preparing for our May Concerts. We're happy recruiting has yielded returning members and new recruits. We'll be at the Club Fair and hope it will bring you into our group for next season. Questions: Dianne Anderson 408.221.9650



## THERE'S A NEW GAME IN TOWN!!

For all you experienced Mah Jongg players, we have a new and exciting game to introduce. The game is "Royale" and it's played with 4 players and modified game pieces. We are using Thursdays 1 to 4pm for play and a lively group of enthusiasts will happily show you the ropes. It's exciting, challenging and FUN! If you know Mahj, you'll catch on quickly. Come to the Main Hall Thursday 1-4pm and stay any or all of the time!

**BRIDGE CLUB:** Playing bridge can help keep the mind sharp and improve cognitive function by challenging players to think critically and make quick decisions. Bridge is competitive and can be enjoyed by players of all skill levels. Rusty? Refresher bridge meets in the Main

Hall on Tuesdays at 1:15p. Interested? Call Harriet Hankins 805.203.5219

**SPIRIT DANCE AND DRUMMING:** No experience required to enjoy an evening drum circle and spirit dance. No fee except donations to Joslyn are encouraged. Bring your own snacks and refreshments. Our next Full Moon Drumming will be Saturday February 24<sup>th</sup> at 6:30p in the Main Hall.



### Friday Night Ecstatic Dance!

**Inner Rhythm** is a growing group of heart-centered-people who dance as a way of returning to our selves and to commune with each other.

For us the dance floor is a playground, a teacher, a healer.

There are no steps to follow, no right or wrong way to move, we dance to feel what is sacred through the movement of our bodies.

**Inner Rhythm** is a 70-90 minute dance journey. Every **Inner Rhythm** dance is different but the basic format is the same. We start with slower fluid rhythms, move into pulsing percussive beats, peak into wild chaos, then return with trance-like lyrical rhythms dissolving into a quiet gentle stillness.

We finish with a short closing circle.

Every Friday 7:30 pm - Joslyn Center, 950 Main St., Cambria

\$5.00 admission • Vist us on Facebook

**FEB Cleanup Club is Couples Dance and Social Club**

**Don't miss the Free Open House & Club Fair SAT 2/10/24 from 11:00 to 2:00pm in the Main Hall!**